



# **POLICE**



## **Wellness Early Intervention Program:** Using Technology to Strengthen our Police Service.

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## Early Intervention:

- What are Wellness Early Intervention Programs
- Objectives to wellness Early Intervention Programs
  - Proactive mental health support
  - Data-driven monitoring
  - Reduce stigma
  - Long-term resilience

# Early Intervention Implementation Timeline

2017

## **OPS Wellness Initiative Launched**

- Best practices survey conducted
- Early Intervention identified as a key component of our wellness strategy

2019

## **EI Pilot Launched**

- 6-month pilot
- Involved 2 platoons, specialty unit and associated communication center

2020

## **Wellness Analyst Position Created**

- Dedicated person to develop and steer EI

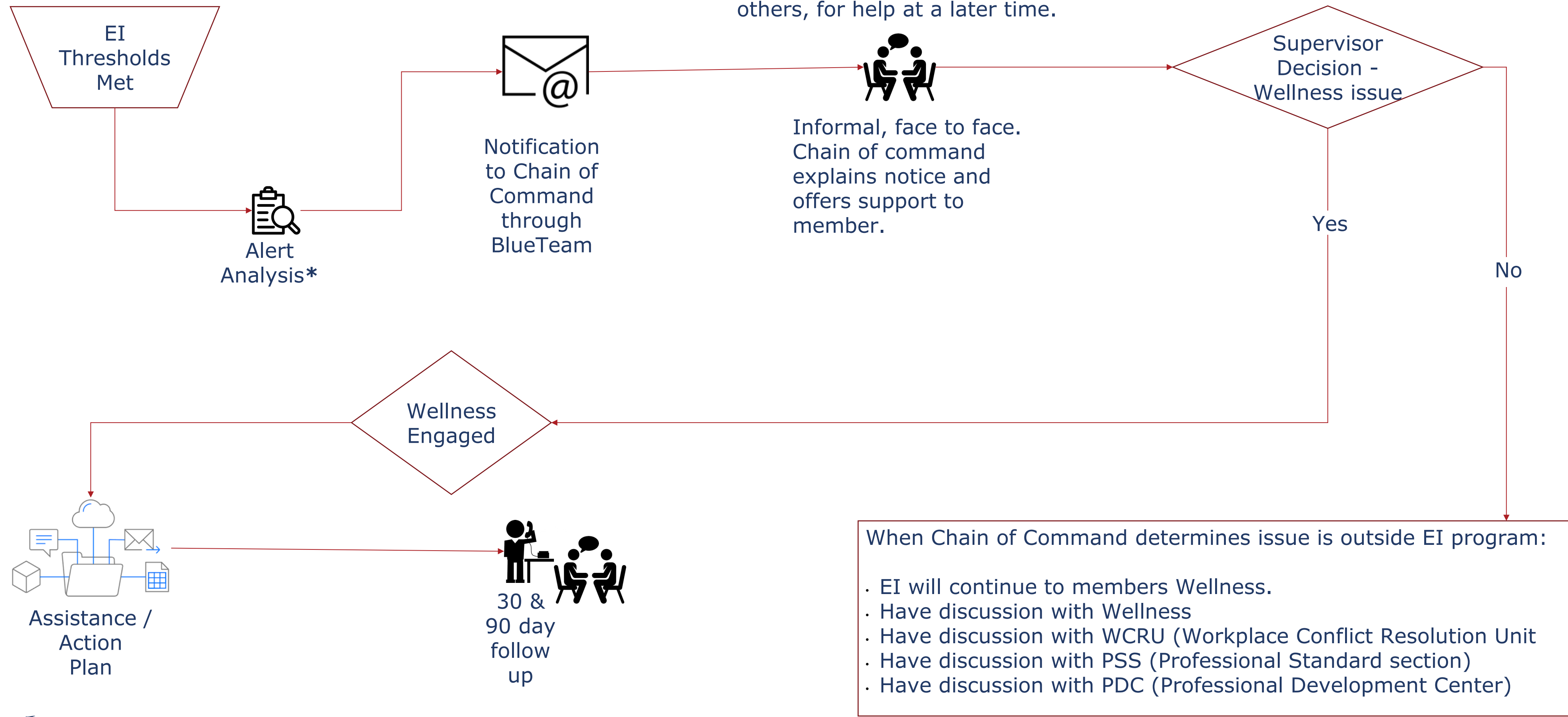
2021

## **EI Launched**

- IAPro and BlueTeam utilized
- Internal policy created

# Intervention Process

Member can accept **or** decline support, but option always exists to return to chain of command, or others, for help at a later time.



# Role of Technology in Early Intervention:

- How does IAPro assist?
- Why is IAPro critical?

# Requirement of the Human touch:

- Human Review
- Intervention and Support



# Governance and Strategic Considerations:

- Transparency
- Confidentiality
- Policy

# Implementation Challenges and Solutions:

- Challenges
- Best Practices
- Obtaining Engagement

## Case Studies and Success Stories:

- Key benefits of the program
- Metrics for success

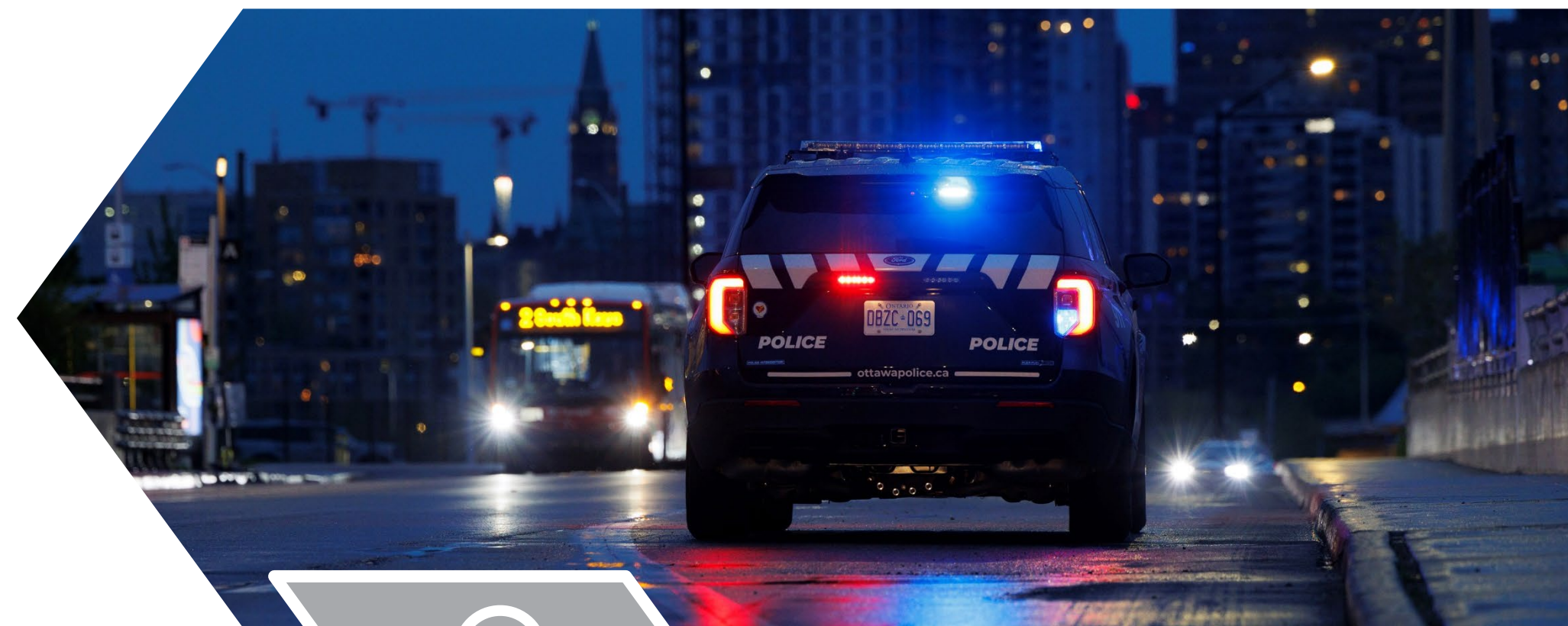
# Future Directions and Recommendations:

- Continued evolution
- What's next



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## Conclusion





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## **Thank You**

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