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Wellness Early Intervention Program: Using Technology to Strengthen our Police Service.

Christine Callaghan





Early Intervention:

- What are Wellness Early Intervention Programs
- Objectives to wellness Early Intervention Programs
 - Proactive mental health support
 - Data-driven monitoring
 - Reduce stigma
 - Long-term resilience

Early Intervention Implementation Timeline

2017

OPS Wellness Initiative Launched

- Best practices survey conducted
- Early Intervention identified as a key component of our wellness strategy

2019

EI Pilot Launched

- 6-month pilot
- Involved 2 platoons, specialty unit and associated communication center

2020

Wellness Analyst Position Created

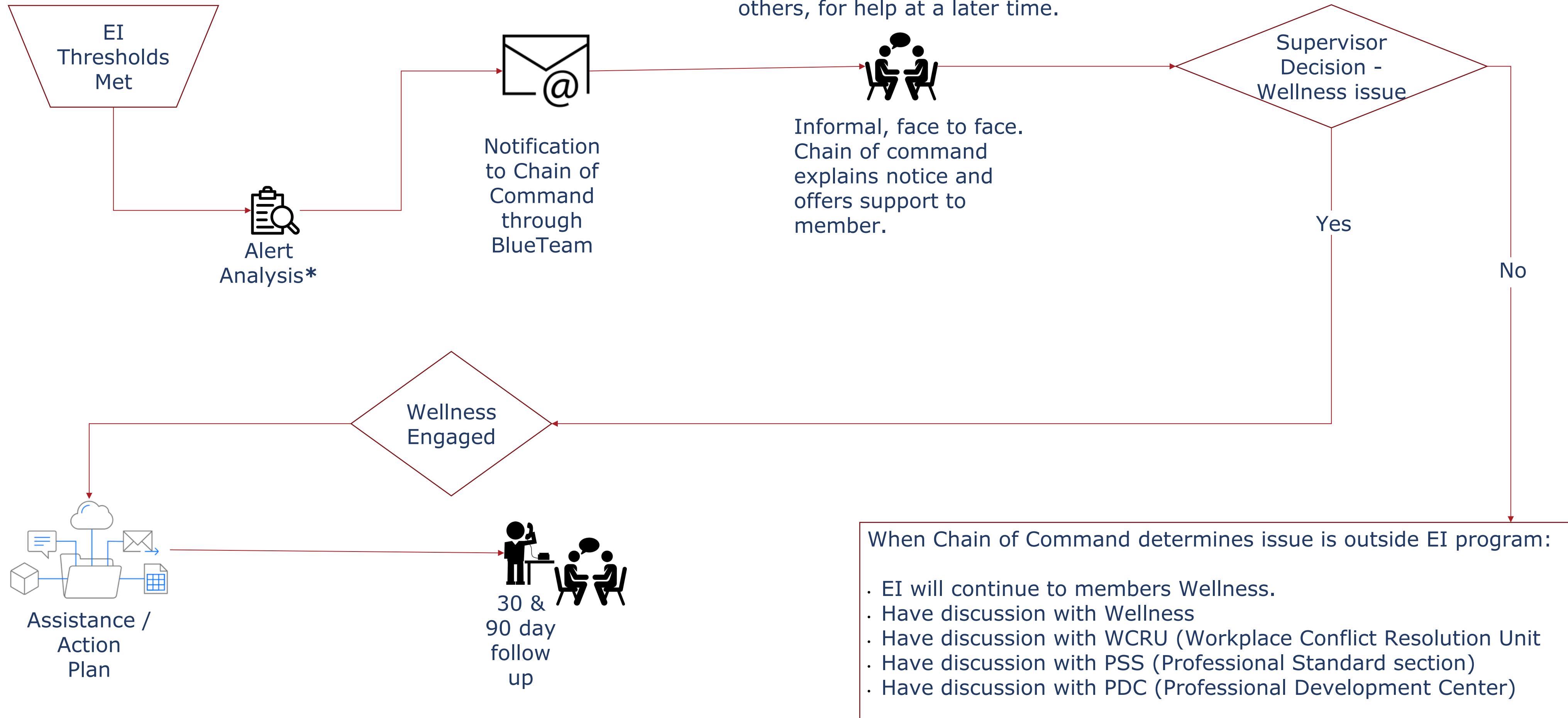
- Dedicated person to develop and steer EI

2021

EI Launched

- IAPro and BlueTeam utilized
- Internal policy created

Intervention Process



Role of Technology in Early Intervention:

- How does IAPro assist?
- Why is IAPro critical?

Requirement of the Human touch:

- Human Review
- Intervention and Support



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Governance and Strategic Considerations:

- Transparency
- Confidentiality
- Policy

Implementation Challenges and Solutions:

- Challenges
- Best Practices
- Obtaining Engagement

Case Studies and Success Stories:

- Key benefits of the program
- Metrics for success

Future Directions and Recommendations:

- Continued evolution
- What's next



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Conclusion



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Thank You

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